



## Pembrokeshire Coast Path Highlights

### 5-day Self-Guided Walking Holiday



A fantastic five day coastal walk along arguably the most scenic stretch of the Pembrokeshire Coast Path. Wonderful sea views, wildlife and historic interest lie en-route as you make your

way through Britain's only coastal National Park from Fishguard to St Davids. This is a gently paced walk, with a maximum daily distance of 9 miles.

#### Day 1

##### *Fishguard to Strumble Head - 8 miles (13 km)*

The walk begins in the picturesque seaside town of Fishguard, where the Old Fort watches over the tidal harbour with its fleet of fishing boats. Among the rock and heather of the headland, there are several prehistoric monuments and tiny chapels, many visible from the path. End the day at the Strumble Head Lighthouse.



#### Day 2

##### *Strumble Head to Abermawr - 6 ½ miles (10 km)*



Leaving Strumble Head you enjoy a wonderful stretch of walking, with few signs of habitation to interrupt the sense of open space and solitude. The cliffs in this area are home to many sea birds, so ornithologists will be in for a treat. Look out for grey seals too, especially

during the breeding season. It's worth a short detour inland to visit the delightful Melin Tregwynt – a centuries-old woollen mill still very much in operation where you can watch the cloth being made.



#### Day 3

##### *Abermawr to Abereddy - 8 miles (13 km)*



The cliff-top path passes some fine pebbly beaches today so paddlers will be spoilt for choice today. The more inaccessible coves shelter seals and sea bird colonies. Finish the day at

Abereddy, an unusual black-sand beach surrounded by dark, slatey cliffs.

#### Day 4

##### *Abereddy to Whitesands Bay - 7 miles (11 km)*

Today the route sticks to the cliff-top all the way along a superbly impressive stretch of coastline. There are wild and craggy cliffs where you might see a Peregrine Falcon, and fields inland. The beauty of this coastal landscape wasn't lost on previous dwellers, judging by the number of Bronze



Age burial chambers, and more recent holy buildings like St Patrick's Chapel at Whitesands Bay, where today's walk ends on the picture-perfect sweep of pale sand.

#### Day 5

##### *Whitesands Bay to Caerbwdy - 9 miles (14 km)*

The final day begins with easy walking over low cliffs and great views of Ramsey Island as you round the headland. Look out for canoeists tackling the difficult water of the



Ramsey Sound which lies between the rocky island and the mainland. A couple of stiffer climbs towards the end of the day, but you are rewarded with more fabulous views of St Brides Bay and another isle - Skomer Island. The walk ends at Caerbwdy, just over a mile from the city

of St David's with its fine cathedral and Bishop's Palace.

#### Tour summary

<b>Duration</b>	5 days
<b>Distance</b>	30 ½ miles (49 km)
<b>Grading</b>	Easy/Moderate
<b>Price</b>	£395 per person based on 2 people sharing a twin/double room. Contact us for sole traveller/single occupancy rates.
<b>Meals</b>	Cooked breakfast included. Packed lunches & evening meals can be arranged on your behalf if required.
<b>Options</b>	Add an extra night at any stage of the tour, prices from £40pp per night.

**Remember, this itinerary is just the starting point. Please contact us if you have any special requirements and we will be happy to tailor the tour to suit you.**